FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0287

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* BENKOVIC JAMES A						2. Issuer Name and Ticker or Trading Symbol ACME UNITED CORP [ACU]									Relationship eck all appl Direct	,		erson(s) to Is	
(Last)	(Fi	st) (Middle)				3. Date of Earliest Transaction (Month/Day/Year) 07/31/2006									X Office below	r (give title)		Other (s	specify
C/O ACME UNITED CORP															V	ice Presid	lent	of Sales	
60 ROUND HILL ROAD						4. If Amendment, Date of Original Filed (Month/Day/Year)									i. Individual or Joint/Group Filing (Check Applicable ine)				
(Street)															X Form	Form filed by One Reporting Person			
FAIRFIELD CT 06824															Form filed by More than One Reporting Person				
(City)	(Si	tate) (Zip)																
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day)						Execution Date,			Code (In	Transaction Disposition Code (Instr. and 5)			rities Acquired (A) ed Of (D) (Instr. 3, 4			ties For cially (D)		m: Direct or rect (I)	7. Nature of Indirect Beneficial Ownership
								Code	v	Amoun	mount (A) or (D)		Price				tr. 4)	(Instr. 4)	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Execution Date, if any		4. Transaction Code (Instr. 8)		of I		Expiration	6. Date Exercisable and Expiration Date Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	у	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisable		piration ate	Title	or	ount nber res					
Employee Stock Option	\$15.15	07/31/2006			A		10,000		(1)	07	7/31/2016	Common Stock	10,	000	\$15.15	49,000		D	

Explanation of Responses:

1. 2,500 shares will vest on August 1, 2007, 2,500 shares will vest on August 1, 2008, 2,500 shares will vest on August 1, 2009 and 2,500 shares will vest on August 1, 2010.

<u>/s/ James A. Benkovic</u> <u>08/03/2006</u>

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.