FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* PENISTEN GARY D						2. Issuer Name and Ticker or Trading Symbol ACME UNITED CORP [ACU]										Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner						
(Last)	(F ME UNITE	,	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 05/10/2004											er (give title w)	irman	Other (specify below)			
						4. If Amendment, Date of Original Filed (Month/Day/Year)										6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street) FAIRFIE	ELD C	Т (06825													Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(S	tate) (Zip)																			
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																					
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/						Exec if an	ıy	ned n Date, Day/Year	3. Transact Code (In	ion Dispos		urities Acquired (<i>i</i> sed Of (D) (Instr. 3			, 4 Secur Benef Owne		icially d	6. Ownership Form: Direct (D) or Indirect (I)		7. Nature of Indirect Beneficial Ownership		
									Code	v	Amoun	nt (A) or (D)		Price		Following Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)		(Instr. 4)		
Common Stock 05/10/20)04			M		2,50	2,500		\$2.1	156 103,787		03,787	D)			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	emed ion Date, /Day/Year)	4. Transac Code (In 8)		n Number I		6. Date Exe Expiration (Month/Day	Date		or		nount	Secu	rice ivative urity tr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
					Code	V (A	(A)) (D)	Date Exercisable		piration te	Title	of	imber ares								
Director Stock Option	\$2.156	05/10/2004			M			2,500	04/28/1999	04/	/28/2009	Commo	n 2,	,500	\$2.	.156	27,500		D			

Explanation of Responses:

/s/ Gary D. Penisten 05/11/2004

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{*} If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).